



ITINERARY

AN EXCLUSIVE JAMAICAN GETAWAY

Looking for an active escape to the tropics? Look no further than dreamy Jamaica, a Caribbean island full of lush rainforests, endless white sand beaches, colorful flora, exotic wildlife and happy-go-lucky, welcoming locals. Snorkel among a kaleidoscope of fish, sip on a fruity rum punch in the sun, go off-roading through the forest on an ATV, or sample the fresh, local cuisine. There are plenty of things to do and see in Jamaica as you soak up the endless summer sun on our exciting 8-day/7-night getaway!

If you are interested in this itinerary, please contact Sara Thomas at 2L TRAVEL at sara.thomas@2ltravel.com for more information.



HIGHLIGHTS

- Learn to cook like a local with a private Jamaican cooking class
- See Kingston through the eyes of an insider with a day of cultural immersion in the capital
- Take in the tastes and smells of Blue Mountains, Jamaica's coffee centre
- Raft under waterfalls while riding down the Rio Grande
- Relax by the beach at the otherworldly Goldeneye resort

ROUTE AND STOPS

8 Days & 7 Nights

- Blue Mountains
- Ocho Rios

TRAVEL STYLES

- Lifestyle
- Romance

PASSIONS

- Food + Drink
- Nature
- People + Culture
- Sports + Adventure

ACCOMMODATIONS

- Strawberry Hill
- Goldeneye



SAMPLE ITINERARY

DAY 1: ARRIVAL

Upon arrival at Norman Manley International Airport, you will be met by a VIP greeter and whisked off to your home for the next three nights, Strawberry Hill resort. The rest of the day is at your own leisure.

Overnight at Strawberry Hill

DAY 2: KINGSTON CULTURAL IMMERSION

Spend a full day in Kingston with your driver and local Kingston based guide who will give you an insiders experience into Jamaican cultural history, language (dialect) and Bob Marley History.

Cultural sights you will visit today include:

- **Bob Marley Museum:** At the height of his career, Bob Marley purchased a house on Kingston's Hope Road and added a recording studio—painted Rastafarian red, yellow, and green. It now houses this museum, the capital's best-known tourist site. The guided tour takes you through rooms wallpapered with magazine and newspaper articles that chronicle his rise to stardom. There's a 20-minute biographical film on Marley's career. You can also see the bullet holes in the walls from a politically motivated assassination attempt in 1976.
- **Trench Town Cultural Center:** This restored tenement building where Bob Marley spent much of his youth is now a protected National Heritage Site. Marley wrote frequently about life in the "government yard," and the area is credited with being the birthplace of reggae, and it is where the Wailers were formed. They recorded Catch a Fire here. The project was developed by the Trenchtown Development Association, a group dedicated to breathing new life into what had been one of Kingston's worst slums. There is a museum of Marley and Wailer memorabilia and a souvenir shop. Additional radio stations or music venues can be visited based on client's interest.
- **Hope Royal Botanical Garden:** The largest botanical garden in the Caribbean, originally called the Hope Estate, was founded in the 1600s by an English army officer. Today it's often referred to as Hope Gardens, and the 2,000 acres feature areas devoted to orchids, cacti, and palm trees. The gardens are also home to the Hope Zoo Kingston.

Just before lunch, enjoy a private cooking class with a chef in Kingston. You will learn how to cook traditional Jamaican cuisine and receive a jar of homemade Jerk Sauce to take home with you.

Overnight at Strawberry Hill

DAY 3: BLUE MOUNTAINS COFFEE ADVENTURE

This morning enjoy a private tour through Jamaica's Blue Mountains. Jamaica Blue Mountain is an appellation, much like the French have done with their prized wine regions. In order to be called Jamaica Blue Mountain the coffee must come from the parishes of Portland, St. Andrew, St. Mary or St. Thomas which are in eastern part of the island. This entire area is quite small as a growing region, only about 15,000 acres in its entirety. Roughly 85% of the tiny production is exported to Japan. Jamaica's Blue Mountain coffee has long held a reputation as being one of the world's best coffees and certainly one of its most expensive; whether deserving or not is of much conjecture. Perhaps twenty five or more years ago this may have been true, but today, with artisanal crops being grown in several parts of the world, it is certainly not alone

Your first stop is Clifton Mount Coffee Estate - Jamaica's premier Blue Mountain Coffee from the oldest functioning coffee estate dating back to the mid 1700s. Clifton Mount coffee plantation began production in the early to mid 18th century and land records suggest coffee growing there in 1810 making it the oldest functioning coffee estate in Jamaica. For the past 35 years it has been owned by the Sharp family who have modernized processing with an eye toward ecology and environment. Clifton Mount is the only coffee plantation in the Blue Mountains to be Rainforest Alliance certified, attesting to their land management practices. Your tour here will be to learn and experience about the process of coffee harvesting in one of the world's most iconic coffee lands.

Your second stop is Hollywell, a nature preserve that winds through rugged terrain and offer the chance to spot reclusive creatures, including the streamer-tail hummingbird (known as the doctor bird) and the rare swallowtail butterfly. Rustic camping facilities are available, including showers and shelters.

Enjoy lunch at a local venue and spend the afternoon visiting other sights before returning to your hotel.

If of interest we recommend a stop at Newcastle before heading back to your hotel. At 4,000 feet, you will find an old base camp for the British Army to escape the Malaria and Yellow Fever epidemic in Kingston. Today the picturesque old camp serves for training the Jamaica Defense Force.

Overnight at Strawberry Hill

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DAY 4: RIO GRANDE RAFTING AND TRANSFER TO GOLDENEYE

Depart this morning for Goldeneye but not before you enjoy a rafting adventure on the Rio Grande!

Rafting on the Rio Grande dates back to the 1950s when celebrity, Errol Flynn, noticed banana farmers from the Blue Mountains strapping the fruits to bamboo rafts and floating them down the river to the wharf at Port Antonio, and thought his friends would enjoy a similar experience. Most visitors now leave Port Antonio listing rafting on the Rio Grande as their ultimate vacation treat.

Your rafting trip will begin by visiting some relatively unknown waterfalls in the area, the McKenzie Falls which cascade into the Sarah (pronounced “say”) River, a tributary of the Rio Grande. You will pick up your raft at the village of Berridale and end at Rafter’s Rest, St. Margaret’s Bay on the coast. The nearly two and a half hour journey down the Rio Grande winds through rainforests and farmland on a thirty-foot raft steered expertly by a local ‘captain’.

You’ll be able to experience rural Jamaican life along the Rio Grande riverbanks and stop for a quick swim along the way.

In the late afternoon make your way to Goldeneye where you have the afternoon and evening at leisure to relax by the beach.

Overnight at Goldeneye

DAY 5-7: DAYS AT LEISURE

The last three days are yours to relax by the pool or at the beach. We can also organize adventurous water sports, deep sea fishing or full day adventures on other parts of the island.

Overnight at Goldeneye

DAY 8: DEPARTURE

After checking out of Goldeneye, take a private transfer to Montego Bay where you will catch your flight home.

ACCOMMODATIONS



STRAWBERRY HILL

KINGSTON, JAMAICA, THE CARIBBEAN

A magical mountain village of luxurious beauty and simplicity set sublimely high in Kingston's Blue Mountains; time can stand still at Strawberry Hill Jamaica Luxury Resort.



GOLDENEYE

OCHO RIOS, JAMAICA, THE CARIBBEAN

Experience the culture of Jamaica like never before on this 52-acre world class retreat that is the flagship of Island Outpost properties.